

THE RESILIENCE SCALE

Training Opportunities



The Resilience Scale Masterclass

Join the AFWI for the **Resilience Scale Masterclass!**

This three-part free training introduces the Brain Story and Resilience Scale Framework to professionals from the health, education, justice, and child services systems to build resilience and improve outcomes for individuals, families, and communities.



PART 1: WHAT DO INDIVIDUALS NEED?



PART 2: WHAT DO ORGANIZATIONS DO?



PART 3: WHAT DOES THE SYSTEM HAVE?

Attend a virtual Resilience Scale Masterclass on **December 11th, 9:00-11:30am MST. Register here:**



The Resilience Scale: A Tool for Change



Our new, free, **90-minute, on-demand training video** presents the key Brain Story metaphors and demonstrates how the Resilience Scale can be used as a practical tool to build resilience in individuals. It covers material shared in Part 1 of the Resilience Scale Masterclass.

SCAN THIS CODE TO REGISTER



ROYAL COLLEGE
OF PHYSICIANS AND SURGEONS OF CANADA
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Both Part 1 of the Resilience Scale Masterclass and The Resilience Scale: A Tool for Change have been accredited by the **Royal College of Physicians and Surgeons of Canada**. To learn more, email resiliencecme@palixfoundation.org



contact@palixfoundation.org

www.albertafamilywellness.org

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