

eggshells

A confidential program exclusively for
Veterans and Veteran Families

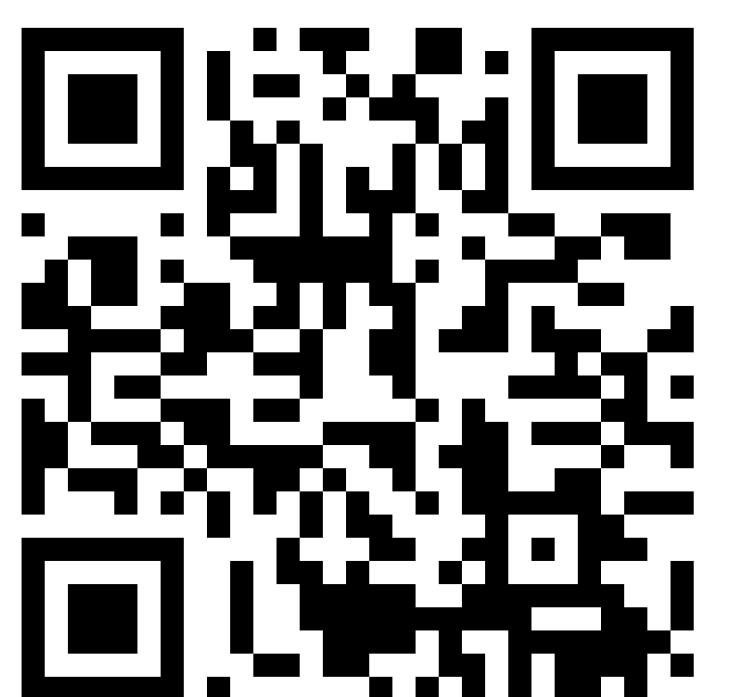
Do you know a Veteran, Veteran spouse or partner, parent, adult child, sibling, extended family member, or chosen family member impacted by a loved one's substance use?

Eggshells is here to help!

Eggshells is a free, national, virtual mental health program offering confidential support to Veterans and Veteran Families in Canada impacted by substance use.

Eggshells is available to Veterans and Veteran family members, regardless of whether their loved one is in active addiction, seeking or receiving treatment, in recovery, or if they are grieving the loss of their loved one to addiction.

Scan the QR code for more information.



eggshells.legacywesthealing.ca

