

We provide services to referral partners in these industries:



Safety
Sensitive



Oil &
Gas



Disability
Insurers



Healthcare
Professionals



Land & Air
Transportation



Military Service
Members and
Veterans



First
Responders

WE PROVIDE TREATMENT FOR MOST ADDICTIONS AND MENTAL HEALTH DISORDERS, INCLUDING:

- Alcohol addiction
- Opioid addiction
- Concurrent trauma and addiction
- Major depressive disorder
- Anxiety
- Operational Stress Injury and PTSD
- Eating Disorders
- Obsessive Compulsive Disorder (OCD)
- Behavioural addictions (i.e. Sex & Love Addiction, Problem Gambling)
- Concussion & Acquired Brain Injury Support (CABIS)
- Codependency and Family Support
- And more



A HOLISTIC APPROACH TO HELP YOUR EMPLOYEES HEAL

- Compassionate and personalized treatment that encompasses evidence-based approaches while recognizing the needs of the individual
- On-site doctors certified in addiction medicine
- In-house psychiatric support available at most facilities
- 24/7 medical care at inpatient facilities
- Therapeutic programming led by masters-level clinicians
- Strong support through self-help groups including AA, NA, and SMART Recovery
- Relapse prevention



GROUP THERAPY

is essential to recovery

Group therapy, included with all treatment programs, is a proven complement to individual therapy and can enhance the recovery process for those struggling with mental health and addiction.

When patients participate in group therapy sessions, they can:

- Reduce stigma by sharing and relating to others' experiences
- Counteract feelings of isolation and shame
- Learn healthy ways to explore and express complex emotions
- Practice communication and connection in a space dedicated to interpersonal improvement



AFTERCARE

for recovery that lasts

Support does not end once an individual completes their primary programming, whether it's inpatient or outpatient. We believe that ongoing recovery requires ongoing care.

That's why Aftercare Groups are an important part of relapse prevention, and up to one year of programming is included with treatment*. Aftercare is offered both in-person and virtually through EHN Online.

*Some exceptions apply.

FAMILY SUPPORT

to help loved ones heal

Offering a combination of presentations, multi-day sessions, and counselling, our Family Workshops help family members better understand the mental health and addiction challenges faced by their loved ones, while also engaging in their own healing. These groups are open to anyone who plays an integral role in a patient's support network.



OUTPATIENT OPTIONS

to support and maintain recovery

Intensive Outpatient Programs (IOPs) offer the immersion of inpatient treatment with the flexibility of outpatient care. Both in-person and virtual options are available and offer:

- Affordable and accessible treatment
- Recovery from home or wherever the client feels most comfortable
- Access to the same highly trained and compassionate therapists
- Ability to maintain responsibilities, such as childcare or work
- Combination of individual and group therapy designed for optimal results
- Accompanying app to allow for easier progress tracking

WE OFFER IOPS TO TREAT THE FOLLOWING:

- Concurrent Addiction & Mental Health
- Mood & Anxiety
- Workplace Trauma
- Behavioural Addictions (including Sex & Love Addiction and Problem Gambling)

FOR MORE INFORMATION ABOUT OUR VIRTUAL TREATMENT PROGRAMS, VISIT [EHNONLINE.COM](https://ehncanada.com)

TO LEARN MORE, VISIT [EHNCANADA.COM](https://ehncanada.com) CALL 1 866 226 6037 EMAIL REFERRALS@EHNCANADA.COM





Recovery Ranch | Fort Steele, BC



Bellwood Health Services | Toronto, ON



Gateway Recovery Centre | Peterborough, ON



Edgewood Treatment Centre | Nanaimo, BC

EHN Canada Treatment Centres Across Canada

- Edgewood Treatment Centre | Nanaimo, BC
- Recovery Ranch | Fort Steele, BC
- Sandstone Inpatient Treatment Centre | Calgary, AB
- Bellwood Health Services | Toronto, ON
- Gateway Recovery Centre | Peterborough, ON
- Clinique Nouveau Départ | Montréal, QC
- Ledgehill Treatment Centre | Annapolis Valley, NS
- Atlantic Centre for Trauma | Nictaux, NS
- EHN Outpatient | Various Locations
- EHN Online | Virtual (Nationwide)

OUR NETWORK OF FACILITIES IS GROWING



For the most up-to-date list of facilities and programs offered across Canada, please visit our website.

**RECOVERY IS POSSIBLE.
WE CAN HELP.**

To learn more, visit ehncanada.com

To contact us,
email referrals@ehncanada.com
or call 1 866 226 6037



**RECOVERY IS POSSIBLE.
WE CAN HELP.**



**Let our
team care
for yours.**

Private treatment services for
addiction, trauma, and mental
health from EHN Canada.



WHO IS EHN CANADA?

EHN Canada is the country's largest network of private treatment services for addiction, trauma, and mental health.

We understand how overwhelming it can be to manage these conditions in the workplace. It's why EHN Canada provides inpatient, outpatient and virtual services, with treatment centres across Canada.

Our healing environments, comprehensive programming, and individual and group therapy are all designed to treat patients on a broad continuum of care, from a mild to moderate to severe scale.

HOW CAN EHN CANADA HELP YOU?

We approach each organization we partner with differently and our Referral Relations team will work with you to determine what makes sense for your employees, members, or clients.

This could include:

- Preferred pricing for referral partners
- Ongoing access to admissions with little to no wait times
- Concierge service with dedicated relations manager to ensure seamless communication throughout treatment
- Educational resources to help both managers and patients better navigate the recovery journey

WHAT MAKES EHN CANADA UNIQUE?

We take an evidence-informed, holistic approach to treatment. Our continuum of care, an ongoing process that extends beyond inpatient or outpatient treatment, helps minimize the chances of relapse.

This includes family support groups, Aftercare, and connection with our supportive alumni network. We are with our patients for as long as it takes – no matter what – as they navigate their journey to recovery.



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