



Contact CAPSA



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BRIDGING THE GAP

**Substance Use
Stigma & Health**

Training & Education

CAPSA

About CAPSA

CAPSA impacts health outcomes related to substance use through evidence, compassion and integrity, by delivering transformative education and training.

CAPSA has developed an effective, evidence-based and impactful training and education program designed to equip you with knowledge and tools to understand and eliminate substance use stigma, to improve the health outcomes of the 78% of people over the age of 15, living in Canada, who use substances. These trainings are unique to CAPSA, as they are developed and delivered by researchers and educators, informed by their lived and living expertise.



The Foundations

Join this transformative, evidence-based, 2-hour training, that will uncover biases and shift perspectives towards people who use substances. Gain valuable insights into the negative effects of stigma and how this impacts everyone. Learn practical approaches to eliminate stigma in your professional and everyday life and explore the power of words by learning how to use person-first language. Engaging in this training is your opportunity to contribute to more compassionate societies and systems.

Deepening the Practice

Join CAPSA for an immersive and comprehensive half-day workshop designed to explore the profound effects of stigma on individuals, particularly in the context of its impact towards the health of people who use substances, on many interconnected levels. The workshop format encourages active participation and fosters a collaborative learning environment, allowing participants to engage deeply with the content. Walk away equipped not only with knowledge, but also with the tools to tangibly implement approaches to eliminate stigma.

Learning Objectives

To equip you with knowledge and tools to understand and eliminate stigma, to improve the health outcomes of the 78% of people, over the age of 15, living in Canada, who use substances by:

- ✓ Learning how stigma, at the social, systemic and personal levels, negatively impacts health outcomes
- ✓ Understanding how a Substance Use Health lens can eliminate systemic stigma for everyone
- ✓ Discovering how stigmatizing language harms people and how person-first language can be used to eliminate stigma